

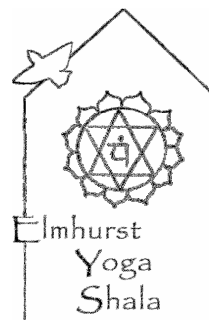
# HypnoBirthing®--the Mongan Method

Taught by

Tricia Fitzgerald, M.Ed, HBCE  
Elmhurst Yoga Shala Inc.  
506 Spring Road Elmhurst, IL 60126

www.elmhurstyogashala.com 630-993-9642

## Course Enrollment



Mother's Name

Mailing Address

Preferred phone

Alternate phone

Preferred email

Permanent Email

Birthing Companion (spouse, partner, etc.)

Relationship

Birthing Assistant

Relationship (doula, friend, etc.)

Care Provider Name & Title

City

Birthing Facility

City

When is baby expected?

How many weeks pregnant will you be when you begin classes?

I wish to enroll for the HypnoBirthing® class beginning (date): \_\_\_\_\_

Location: \_\_\_\_\_

## Elmhurst Yoga Shala HypnoBirthing Classes

Four 3 hour classes - \$350 A \$50 non-refundable tuition deposit is required to register.  
(Fee includes textbook, audio practice CD, and handouts.)

To register for classes on-line, visit [www.elmhurstyogashala.com](http://www.elmhurstyogashala.com).

To register for classes by mail or phone:

1. Complete Course Enrollment form.
2. Mail enrollment form to Elmhurst Yoga Shala Inc., 506 Spring Road, Elmhurst, IL 60126 with \$50.00 deposit, check **OR** call 630-993-9642 with credit card information.
3. Full tuition \$300.00 (\$350 - \$50 deposit) is due on the first day of class.

Enrollment Agreement

**The HypnoBirthing® Institute may contact you for quality assurance and research purposes. If you consent to be contacted now, please note that you are free to change your mind at any time. Be assured that we will not share your personal identifying information with anyone outside the HypnoBirthing® Institute for any purpose. Thank you for your help in collecting data to support the growth of HypnoBirthing®.**

I do \_\_\_\_\_ I do not \_\_\_\_\_ agree to be contacted by the HypnoBirthing® Institute.

I hereby state that I am enrolling in the *HypnoBirthing®* class of my own free will and with the understanding that this is a program designed to teach me to use my own natural abilities to bring my mind and my body into a state of relaxation. I further understand that the content of these classes is in no way intended to be represented as medical advice nor as a prescription for medical procedure. I am aware that I should seek the advice of a health-care provider to answer any health-related or pregnancy-related issues surrounding my pregnancy, my labor, or my birth.

I therefore agree that I will in no way hold the instructor of the *HypnoBirthing®* classes, or the *HypnoBirthing Institute®*, its owner, or its representatives responsible for any special circumstances that could arise as a result of my pregnancy, my labor, or the birth of my child; and I agree that neither I nor any member of my family will make any claim or initiate any suit against any of the above-named parties now or at any time in the future.

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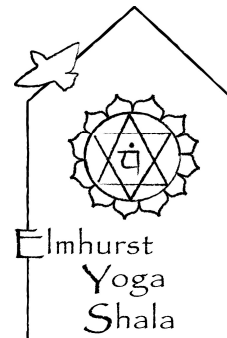
Mother's Signature

Date

*For Private Classes & Doula Services Contact:*

*Tricia Fitzgerald M.Ed, HBCE  
Gentle Beginning, Inc.*

*Fitzer21@hotmail.com 773-620-3829*



Jackie DeGaetano  
Owner/Director

506 Spring Road  
Elmhurst, IL 60126  
630.993.YOGA

[www.elmhurstyogashala.com](http://www.elmhurstyogashala.com)