

# HypnoBirthing®--the Mongan Method

Taught by

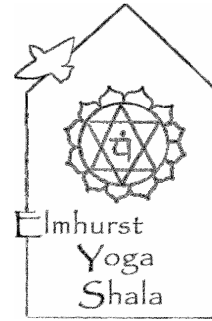
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Elmhurst Yoga Shala Inc.  
506 Spring Road Elmhurst, IL 60126  
www.elmhurstyogashala.com 630-993-9642



Jackie DeGaetano  
Owner/Director

## Course Enrollment

\_\_\_\_\_  
Mother's Name

\_\_\_\_\_  
Mailing Address

\_\_\_\_\_  
Preferred phone

\_\_\_\_\_  
Alternate phone

\_\_\_\_\_  
Preferred email

\_\_\_\_\_  
Permanent Email

\_\_\_\_\_  
Birthing Companion (spouse, partner, etc.)

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Birthing Assistant

\_\_\_\_\_  
Relationship (doula, friend, etc.)

\_\_\_\_\_  
Care Provider Name & Title

\_\_\_\_\_  
City

\_\_\_\_\_  
Birthing Facility

\_\_\_\_\_  
City

\_\_\_\_\_  
When is baby expected?

\_\_\_\_\_  
How many weeks pregnant will you be when  
you begin classes?

I wish to enroll for the HypnoBirthing® class beginning (date): \_\_\_\_\_

Location: \_\_\_\_\_

### Elmhurst Yoga Shala HypnoBirthing Classes

**Five, 2 ½ hour classes - \$350 A \$50 non-refundable tuition deposit is required to register.**

(Fee includes textbook, audio practice CD, and handouts.)

**To register for classes on-line, visit [www.elmhurstyogashala.com](http://www.elmhurstyogashala.com).**

**To register for classes by mail or phone:**

1. Complete Course Enrollment form.
2. Mail enrollment form to Elmhurst Yoga Shala Inc., 506 Spring Road, Elmhurst, IL 60126 with \$50.00 deposit, check **OR** call 630-993-9642 with credit card information.
3. Full tuition \$300.00 (\$350 - \$50 deposit) is due on the first day of class.